





ADULT DAY SERVICES

Mon	Tue	Wed	Thu	_ Fri
2	3	4	5	6
Mac & Cheese w/ Bacon	Chef Salad	Beef & Bean Chili	Chicken w/ Apple Stuffing	Meatloaf w/ Gravy
Stewed Tomatoes	Tomato Basil Salad	Peas & Carrots	Mashed Potato	Roasted Potatoes
Green Beans	Cucumber Salad	Cauliflower	Asparagus	Mixed Vegetables
Whole Wheat Roll	Whole Wheat Roll	Whole Wheat Roll	Whole Wheat Bread	Whole Wheat Bread
Snack: Pineapple	Snack: Peaches	Snack: Tropical Fruit	Snack: Blueberry Parfait	Snack: Peaches
9	10	11	12	13
Teriyaki Chicken	Beef & Bean Burrito	Baked Beef Manicotti	Hot Dog w/ Beans	Grilled Turkey & Cheese
Oriental Vegetables	Mixed Vegetables	Mixed Vegetables	Broccoli Slaw	Roasted Potato
Brussel Sprouts	Green Beans w/ Onion & Pepper	Asparagus	Carrot Salad	Beets
Whole Wheat Roll	Whole Wheat Bread	Garlic Bread	Whole Wheat Roll	Snack: Banana
Snack: Pineapple	Snack: Tropical Fruit	Snack: Apple Sauce	Snack: Pears	
16	17	18	19	20
Ham Steak	Chicken Parmesan w/ Pasta	Chef Salad	BBQ Pulled Pork	Veggie Lasagna
Sweet Potato	Veggie Salad	Potato Salad	Baked Beans	Green Beans
Mixed Vegetable	Broccoli	Beet Salad	Cole Slaw	Cauliflower
Whole Wheat Bread	Whole Wheat Roll	Whole Wheat Roll	Whole Wheat Roll	Garlic Bread
Snack: Pineapple	Snack: Tropical Fruit	Snack: Apple Slices	Snack: Pears	Snack: Peaches
23	24	25	26	27
2 3 Kielbasa w/ Sauerkraut	Roast Beef w/ Gravy		Chef Salad	Swedish Turkey Meatballs ove
Boiled Potatoes	Garlic Mashed Potato		4 Bean Salad	Pasta
Carrots	Butternut Squash	CLOSED 🐺	Broccoli Salad	Asparagus
Whole Wheat Bread	Whole Wheat Roll	CLOSED W	Whole Wheat Roll	Wax Beans
Snack: Sliced Apples	Snack: Tropical Fruit		Snack: Banana	Whole Wheat Roll
	Shuck. Tropical Trutt		Shack. Bahana	Snack: Tropical Fruit
30	31	*	1 1 E 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	-
Cheddar & Ham Quiche	Smothered Chicken	Sk O		
Home Fries	Mashed Potato	***		
Onion & Peppers	Mixed Vegetables	*		1
Whole Wheat Bread	Whole Wheat Roll	*		#
Snack: Fruit Parfait	Snack: Tropical Fruit	No.		Gathering Place