






NOVEMBER



Mon	Tue	Wed	Thu	Fri
			<p><i>All Meals are served with 1% Milk & Whole Wheat Rolls/ Bread</i></p>	<p>1 Chicken Stroganoff over noodles Green Beans Corn Whole Wheat Roll Snack: Tropical Fruit</p>
<p>4 BBQ Meatballs Cabbage Peas Whole Wheat Bread Snack: Pears</p>	<p>5 Italian Sausage, Peppers & Onions French Fries Carrots Whole Wheat Roll Snack: Banana</p>	<p>6 Beef Lasagna Zucchini Medley Broccoli Slaw Garlic Bread Snack: Peaches</p>	<p>7 Turkey & Cranberry Salad on a Whole Wheat Roll Cole Slaw 4 Bean Salad Snack: Apple Sauce</p>	<p>8 CLOSED</p>
<p>11 CLOSED</p> 	<p>12 Macaroni & Cheese Stewed Tomatoes Green Beans Whole Wheat Roll Snack: Apple Slices</p>	<p>13 Teriyaki Pork Chop Roasted Potato Mashed Cauliflower Whole Wheat Bread Snack: Tropical Fruit</p>	<p>14 Beef Stew Mashed Potato Peas & Carrots Whole Wheat Roll Snack: Mandarin Oranges</p>	<p>15 Baked Ziti w/ Meat Sauce Broccoli Cauliflower Garlic Bread Snack: Pears</p>
<p>18 Pulled BBQ Chicken Mixed Vegetables Broccoli Salad Whole Wheat Roll Snack: Fruit Cup</p>	<p>19 Reuben Casserole Brussel Sprouts Carrots Whole Wheat Bread Snack: Banana</p>	<p>20 Beef Patty w/ Onion, Peppers & Mushrooms French Fries Veggie Salad Whole Wheat Bread Snack: Sliced Apples</p>	<p>21 Mexican Beef & Cornbread Bake Rice w/ Vegetables Black Beans w/ Onions Whole Wheat Roll Snack: Pineapple</p>	<p>22 Stuffed Fish Mixed Vegetables Asparagus Whole Wheat Bread Snack: Apple Sauce</p>
<p>25 Beef Tips w/ Onion & Mushroom Mashed Potato Broccoli & Cauliflower Whole Wheat Bread Snack: Tropical Fruit</p>	<p>26 Hot Dog w/ Beans Cole Slaw Veggie Salad Whole Wheat Roll Snack: Orange</p>	<p>27 Roast Turkey w/ Stuffing Garlic Mashed Potato Peas & Carrots Cranberry Sauce Whole Wheat Roll Snack: Apple Sauce</p>	<p>28 TGP CLOSED HAPPY THANKSGIVING</p> 	<p>29</p>

This institution is an equal opportunity provider.