



February 2024

HAPPY
VALENTINE'S
DAY ♡

Mon

Tue

Wed

Thu

Fri

<p><i>All meals are served with 1% Milk & Whole Wheat Bread/Rolls</i></p>			<p><i>1 Kielbasa w/ Sauerkraut Boiled Potatoes Coconut Carrots Whole Wheat Bread Snack: Pears</i></p>	<p><i>2 Lemon Pepper Chicken Mixed Vegetables Corn & Black beans Whole Wheat Roll Snack: Tropical Fruit</i></p>
<p><i>5 Chicken Alfredo Capri Blend Vegetables Peas & Carrots Whole Wheat Bread Snack: Apple Sauce</i></p>	<p><i>6 Rosemary Pork Loin Mashed Sweet Potato Brussel Sprouts Whole Wheat Roll Snack: Peaches</i></p>	<p><i>7 Veggie Lasagna Onion & Peppers Beets & Peaches WW Garlic Bread Snack: Apple</i></p>	<p><i>8 Hot Dog w/ WW Roll Roasted Potatoes Cole Slaw Snack: Pears</i></p>	<p><i>9 Chef Salad Beet Salad Carrot Salad Whole Wheat Roll Snack: Tropical Fruit</i></p>
<p><i>12 Beef Tips Mashed Potatoes Garlic Carrots Whole Wheat Bread Snack: Peaches</i></p>	<p><i>13 Roast Turkey w/ Swiss Cheese Roasted Potato Mixed Beans Whole Wheat Roll Snack: Blueberries</i></p>	<p><i>14 BBQ Chicken Cauliflower Broccoli Whole Wheat Bread Snack: Poached Pear</i></p>	<p><i>15 Meatloaf w/ Gravy Mashed Potato Mixed Vegetables Whole Wheat Roll Snack: Banana</i></p>	<p><i>16 Baked Panko Fish Mixed Vegetables Asparagus Whole Wheat Bread Snack: Apple Sauce</i></p>
<p><i>19 Shepherd's Pie Peas & Onions Beets Whole Wheat Bread Snack: Tropical Fruit</i></p>	<p><i>20 Breaded Chicken Fingers w/ Duck Sauce Home Fries Green Beans Whole Wheat Bread Snack: Mandarin Oranges</i></p>	<p><i>21 Beef Lasagna Italian Vegetables Yellow Squash WW Garlic Bread Snack: Tropical Fruit</i></p>	<p><i>22 Baked Ham w/ Raisin Sauce Roasted Red Potatoes Broccoli & Cauliflower Whole Wheat Roll Snack: Pineapple</i></p>	<p><i>23 Chef Salad Three Bean Salad Cucumber Salad Whole Wheat Bread Snack: Banana</i></p>
<p><i>26 BBQ Pulled Pork Baked Beans French Fries Whole Wheat Bread Snack: Pineapple</i></p>	<p><i>27 Macaroni & Cheese Roasted Tomatoes Brussel Sprouts Whole Wheat Roll Snack: Peaches</i></p>	<p><i>28 Chicken w/ Ham & Swiss Sweet Potato Beets w/ Orange Sauce Whole Wheat Bread Snack: Pears</i></p>	<p><i>29 Chef Salad Three Bean Salad Tomato Basil Salad Whole Wheat Roll Snack: Plum</i></p>	

This institution is an equal opportunity provider.