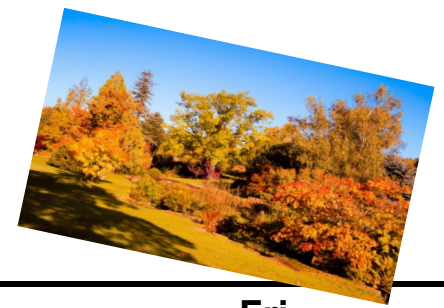




September 2023



Mon	Tue	Wed	Thu	Fri
<p><i>All Meals served with 1% Milk & Whole Wheat Bread/Roll</i></p>				<p><i>1 Beef Lasagna Roasted Butternut Squash Green Beans WW Garlic Bread Snack: Peaches</i></p>
<p><i>4 TGP CLOSED</i></p> 	<p><i>5 BBQ Chicken Veggie Salad Baked Beans Whole Wheat Roll Snack: Watermelon</i></p>	<p><i>6 Chef Salad w/ Egg, Ham, Turkey & Cheese Ranch Cucumber Salad Black Bean & Corn Salad Snack: Tropical Fruit</i></p>	<p><i>7 Beef Lasagna Mixed Veggies Carrots Whole Wheat Bread Snack: Apple Sauce</i></p>	<p><i>8 Ham, Mushroom & Onion Quiche Hash Browns Asparagus Snack: Orange</i></p>
<p><i>11 Beef Stew over WW Biscuit Yellow Squash Green Beans w/ Onion & Peppers Snack: Pineapple</i></p>	<p><i>12 Chicken Alfredo w/ WW Pasta Roasted Tomatoes Mixed Veggies Whole Wheat Garlic Roll Snack: Apple Sauce</i></p>	<p><i>13 Pork Loin Roasted Red Potatoes Brussel Sprouts Whole Wheat Roll Snack: Tropical Fruit</i></p>	<p><i>14 Panko Baked Chicken Scalloped Potato Wax Beans w/ Peppers Rye Bread Snack: Pears</i></p>	<p><i>15 Chef Salad w/ Egg, Ham, Turkey & Cheese Carrot Salad Cucumber Salad Whole Wheat Bread Snack: Mandarin Oranges</i></p>
<p><i>18 Meatloaf w/ Gravy Garlic Mashed Potato Peas & Carrots Whole Wheat Roll Snack: Apple</i></p>	<p><i>19 Whole Wheat Mac & Cheese Stewed Tomato Brussel Sprouts Honey Whole Wheat Roll Snack: Cinnamon Apples</i></p>	<p><i>20 Beef & Bean Chili Broccoli Cauliflower Corn Bread Snack: Mandarin Oranges</i></p>	<p><i>21 Honey Dijon Chicken Mixed Vegetables Broccoli Whole Wheat Roll Snack: Tropical Fruit</i></p>	<p><i>22 Pulled Pork Veggie Salad Baked Beans Rye Bread Snack: Pineapple</i></p>
<p><i>25 Baked Ziti w/ Meat Sauce & WW Pasta Green Beans Carrots Whole Wheat Roll Snack: Honeydew Melon</i></p>	<p><i>26 Maple Glazed Ham w/ Cherries Roasted Potatoes Asparagus Whole Wheat Bread Snack: Pineapple</i></p>	<p><i>27 Swedish Meatballs Peas & Carrots Yellow Squash Rye Bread Snack: Banana</i></p>	<p><i>28 Chef Salad w/ Egg, Ham, Turkey & Cheese 3 Bean Salad Beet Salad Whole Wheat Garlic Roll Snack: Pears</i></p>	<p><i>29 Lemon Dill Fish Stewed Tomatoes Dilled Carrots Whole Wheat Roll Snack: Apple Slices</i></p>