June 2023

Mon	Tue	Wed	Thu	_ Fri
			l Meat Lasagna Roasted Butternut Squash Garlic Bread Peaches	2 BBQ Chicken Baked Beans Macaroni & Veggie Salad Whole Wheat Roll Watermelon
5 Beef & Cheese Burrito Mexican Rice Black Beans & Corn Apple Sauce	6 Hawaiian Style Chicken Egg Noodles w/ Vegetables Ranch Cucumber Salad Whole Wheat Roll Tropical Fruit	7 American Chop Suey Broccoli w/ Cheese Sauce Garlic Bread Pears	8 Pulled Pork Red Potato Salad Roasted Mixed Vegetables Rye Bread Fruit Cup	9 Ham, Mushroom & Onion Quiche Hash Brown Dilled Carrots Peaches
12 Spaghetti & Meatballs Broccoli & Cauliflower Garlic Bread Honeydew Melon	13 Shepherd's Pie Peas & Carrots Spinach Whole Wheat Bread Apple sauce	14 Chicken & Stuffing w/ Gravy Garlic Mashed Potatoes Green Beans Honey Wheat Roll Pears	15 Mac & Cheese Stewed Tomatoes Three Bean Salad Rye Bread Tropical Fruit	16 Baked Lemon Dill Fish Spanish Rice W/ Vegetables Asparagus Whole Wheat Roll Fruit Cups
19 Shepherd's Pie Peas & Carrots Spinach Whole Wheat Bread Apple sauce	20 Beef Stew w/ Biscuit Yellow Squash Green Beans w/ Onions Orange	21 Franks & Beans Sweet Potato Fries Cole Slaw Whole Wheat Roll Fruit Cups	22 Turkey Meatloaf Mashed Potato Zucchini Rye Bread Apple	23 Chicken & Broccoli Alfredo Mixed Vegetables Garlic Toast Peaches
26 Swedish Meatballs over Pasta Brussel sprouts Carrots Whole Wheat Bread Peaches	27 Chicken Caesar Salad Macaroni & Vegetable Salad Three Bean Salad Whole Wheat Roll Fruit Cup	28 Rosemary Pork Roasted Red Potato Peas & Carrots Rye Bread Fruit Cup	29 Sesame Chicken Oriental Rice & Vegetables Asparagus Corn Bread Apple Sauce	30 Crab Cake Potato & Vegetable Salad Cole Slaw Whole Wheat Roll Fruit Cup