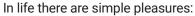
"Everyone deserves to have a wonderful day." -Staff of The Gathering Place



# Reaching Our Potential | ANNUAL REPORT 2022

## A message from Maggie



- enjoying good food with friends
- laughing with someone you trust
- creating something beautiful with your hands
- learning something fascinating about our world
- knowing that you and those you love are going to be OK
- and taking pleasure in someone else's joy.

If you ever come to The Gathering Place, you recognize these experiences and feelings enjoyed all day long. And the ultimate outcome of achieving these is anything but 'simple'. To me, these outcomes are the true meaning of a good life.

At the heart of our work is our dedicated and caring staff. They work hard to help each participant reach their personal goals. And unlike many organizations in the caring professions these days, we are fully staffed, and ready to welcome new participants to reach their potential.

I hope you enjoy reading our annual report. In it you can catch a glimpse of the deep range of clinical, therapeutic, personally supportive and creative pursuits we provide. These experiences lead to more than just safe and happy participants; they are the way our participants find meaning in their lives.

I wish more people could enjoy the wonderful days we have at The Gathering Place.

#### Margaret Lewis Executive Director, The Gathering Place

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## A message from **Andrew**



When I joined the Board of Directors of The Gathering Place, I never could have imagined how times would change! And now, seven years later,

I'm so proud of the work we've done and the lives we've impacted.

Over the last seven years, we upgraded the facility in many important ways. We forged strong relationships with critical new staff, including our talented Executive Director, a full-time Registered Nurse Program Director, and a full-time Program Supervisor. We tested the need for a satellite facility and ultimately determined it wasn't fully sustainable during the pandemic - a challenging process. We weathered a pandemic that saw us close our doors - and go to the homes of our participants. Now we've re-opened with safety-measures to meet the needs of our community.

Perhaps the most rewarding part of our efforts is seeing so many people in our community contributing, including you! Our financial situation is healthy thanks to the generous annual support of donors along with our wildly-popular fundraising event and sponsors. The direct result of so many contributors is the high level of quality clinical care we provide each day and the deep personal growth of each participant.

When we say that everyone deserves to have a wonderful day we mean it not just for our participants, but for the participant families, staff, and good people like you. Thank you for making many wonderful days possible. I hope your today is brighter knowing that you contributed to the benefit of so many here in our community at The Gathering Place.

Andrew Loney Board President





# **Creative Pursuits and Therapeutic Activities**

Our full-time Program Supervisor carefully plans activities that help participants flex their creative muscles, their inter-relational skills, and their own self-understanding. The most popular activities involve hand-crafts that allow participants to express their sense of beauty and achievement. Physical activities are designed to allow each participant to strengthen bodies and senses. Educational in-services and competitive games challenge each participant to sharpen their minds with knowledge and playfulness. Caring staff tailor these activities based on their understanding of each participant, which paves the way for a deeper exploration of personal goals.

## **Family Supports**

Our staff work with family members to make coming to The Gathering Place an ease of burdens and a comfort for anxieties. Our staff communicate with family members and providers to ensure the safety and needs of each participant are understood and met. We work seamlessly with The Moover to provide transportation directly from participants' home to our doors. We understand that knowing that a loved one is cared for eases the anxieties of both the family members and participants, which, in turn, opens up the possibility for everyone to enjoy their days and explore what's possible.

## **Personalized Supports**

We take pride in providing a wide range of supports tailored to each participants' needs. These include physical therapy, occupational therapy, podiatry, dementia care, mobility supports, health education, and nutrition education. These supports give participants the specific tools they need to engage in activities of daily living. And more, it enables participants to maintain their dignity, elevate their sense of healthy living, and expand their hopes for their personal goals.

## **Clinical Care**

Our full-time registered nurse supports the health of each participant, through medication administration and management, nursing assessment and clinical oversight. Participants benefit from daily chronic disease management for diabetes, obesity, dementia, COPD and many other conditions. Additionally, acute conditions are managed in conjunction with the participants' providers. Our clinical care is the foundation for all of our work that enables each participant to pursue higher goals.

Upon arrival, May gets her blood pressure checked.

# The Personal Growth and Relationships

We believe the pursuit of Self-Actualization is possible for everyone. When someone's basic physiological and safety needs are met, they naturally begin their journey towards love, belonging and esteem. At The Gathering Place, we know these pursuits are ambitious. So, when we see our participants dance with joy, laugh with friends, wonder at creation, and be at peace, we know that we've been part of another truly wonderful day.

Exercise builds your strength and your confidence



A blank canvas is an opportunity for discovery.

The Moover safely transports from door to door.



Sharing family memories leads to a deeper understanding of what's valued.

Howard learns how to make a new, healthy recipe.



Chris strengthens his legs and core to meet physical therapy goals





#### SELF ACTUALIZATION

Living to your highest potential





### ESTEEM

Earning honor and recognition

#### LOVE and BELONGING

Achieving deeper, more meaningful relationships



Security for body, family, resources, and health

#### PHYSIOLOGICAL

Breathing, food, water, shelter, sleep, and clothing

Maslow's Hierarchy of Needs





#### **BOARD OF DIRECTORS**



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Dr. Anne Alexander Brewer, MD Grace Cottage Hospital • Townshend



**Bob Crego** Treasurer Garden Path Elder Living Newfane



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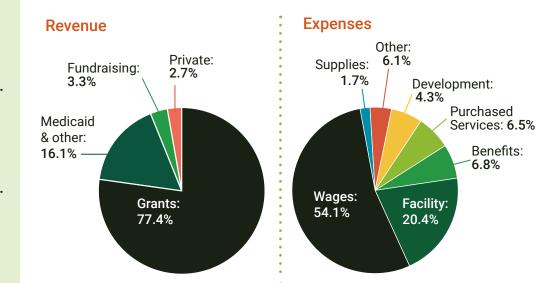
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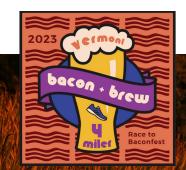
Pat Bozetarnik Retired Training Consultant Parttleboro

#### **FINANCIALS FOR FISCAL YEAR 2022**



# **Community Support**

Thank you to our dedicated community members who donated more than **\$64,000** for The Gathering Place in 2022. Charitable contributions make The Gathering Place services available and accessible to support more people in our community, including participant family members and caregivers. Your donations helped sustain our dedication to the potential of each participant.



#### The Vermont Bacon and Brew 4 Miler raised over

**\$21,000** to support our work thanks to the generous support of our sponsors!

Our signature fundraising event is bigger than ever with over 100 runners!

The run winds along the gravel roads of Dummerston, past cornfields, farms, a sugaring house, State park, and a deep ravine. The runners finish at the Kampfires Campground where the popular Baconfest event by PEAK Radio is in full swing with bacon inspired cuisines, Whetstone Beer Co Brews, and rocking tunes.

