





# March 2023



Mon	Tue	Wed	Thu	Fri
		<p>1 Honey Garlic Chicken Mashed Garlic Potatoes Corn w/ Peppers Honey Wheat Roll Mandarin Oranges</p>	<p>2 Turkey Meatloaf w/ Gravy Roasted Red Potatoes Maple Glazed Carrots Whole Wheat Roll Apple</p>	<p>3 Beef &amp; Bean Chili Brown Rice w/ Vegetables Asparagus Corn Bread Peaches</p>
<p>6 Spaghetti w/ Meatballs Spinach Garlic Toast Fruit Cups</p>	<p>7 Pork Loin w/ Gravy Mashed Yukon Potatoes Asparagus Rye Bread Apple Sauce</p>	<p>8 Cheeseburger on Bun French Fries Cole Slaw Tropical Fruit</p>	<p>9 Veggie Lasagna Brussel Sprouts Garlic Bread Fruit Cups</p>	<p>10 Baked Mac&amp;Cheese Broccoli &amp; Cauliflower Green Beans w/ Peppers Whole Wheat Roll Peaches</p>
<p>13 Chicken a la King w/ Biscuit Yellow Wax Beans Brussel Sprouts Whole Wheat Bread Fruit Cups</p>	<p>14 Spinach &amp; Cheddar Quiche Hash Browns Roasted Tomatoes Whole Wheat Bread Mandarin Oranges</p>	<p>15 BBQ Beef Tips Brown Rive w/ Vegetables Green Beans Whole Wheat Roll Pineapple</p>	<p>16 Chicken Parmesan Sandwich Garlic Pasta w/ Veggies Roasted Butternut Squash Tropical Fruit</p>	<p>17 Reuben Casserole Roasted Carrots Asparagus Rye Bread Fruit Cups</p> 
<p>20 Chicken &amp; Broccoli Alfredo Mixed California Veggies Garlic Bread Fruit Cups</p> 	<p>21 Meatloaf w/ Gravy Garlic Mashed Potato Maple Glazed Carrots Whole Wheat Roll Tropical Fruit</p>	<p>22 Beef &amp; Cheese Burrito Rice &amp; Black Beans Mexican Corn Fruit Cups</p>	<p>23 Chicken Caesar Salad Macaroni Salad w/ Vegetables 3 Bean Salad Rye Bread Honeydew Melon</p>	<p>24 Lemon Herb Tilapia Rice w/ Vegetables Broccoli Honey Wheat Roll Fruit Cups</p>
<p>27 Baked Ziti w/ Meat Sauce Yellow Squash Garlic Roll Apple Slices</p>	<p>28 Maple Glazed Ham Steak Roasted Red Potatoes Buttered Garlic Carrots Whole Wheat Roll Tropical Fruit</p>	<p>29 Pulled Pork Baked Beans Sautéed Cabbage &amp; Carrots Whole Wheat Bread Pears</p>	<p>30 Sweet &amp; Sour Chicken Breast Stir Fry Pasta w/ Vegetables Spinach Rye Bread Pineapple</p>	<p>31 Stuffed Shells Green Beans Garlic Bread Fruit Cups</p>