December 2022



Mon	Tue	Wed	Thu	Fri
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· M	erry Chr	istmas	Mac & Cheese Roasted Tomatoes Green Beans w/ Peppers Whole Wheat Bread Pears	Spaghetti & Meatballs Roasted Zucchini Garlic Bread Apple Slices
5	6	7	8	9
Chicken Pot Pie over Biscuit Broccoli Stewed Tomatoes Apple Sauce	Meatloaf w/ Gravy Mashed Garlic Potatoes Carrots Whole Wheat Roll Fruit Cup	Individual Meals Whole Wheat Roll/Bread Fruit Cup	Turkey Burger & Beans Potato Salad w/ Veggies Cole Slaw Corn Bread Mandarin Oranges	Chicken & Pesto Pasta Broccoli 3 Bean Salad Rye Bread Pineapple
12	13	14	15	16
Soft Beef Tacos Spanish Rice Spinach	Chicken Alfredo Roasted Tomatoes Parsley Carrots	Individual Meals Whole Wheat Roll/Bread	Honey Garlic Chicken Roasted Red Potato Peas & Carrots	BBQ Pork Chops Garlic Mashed Potato Mixed Vegetables
Mango	Honey Wheat Roll Fruit Cup	Fruit Cup	Whole Wheat Roll Clementine	Rye Bread Apple Sauce
19	20	21	22	23
Chicken Parmesan w/ Pasta	Reuben Casserole	Open Faced Turkey Sandwich	Mac & Cheese	Maple Glazed Ham
Asparagus	Garlic Carrots	w/ Gravy & Stuffing	Roasted Tomatoes	Garlic Mashed Potato
Garlic Bread Fruit Cup	Green Beans Rye Bread	Broccoli Fruit Cup	Onions & Peppers Whole Wheat Bread	Green Bean Casserole Whole Wheat Roll
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26	27	28	29	30
TGP	Italian Meatloaf Roasted Sweet Potato	Pulled Pork Cole Slaw	Grilled Ham & Cheese French Fries	Individual Meals
Closed 🌉	Garlic Bread Fruit Cup	Baked Beans Whole Wheat Roll	Garlic Buttered Carrots Tropical Fruit	Whole Wheat Roll/Bread Fruit Cup