

September



Mon	Tue	Wed	Thu	Fri
			1 <i>Meat Lasagna</i> <i>Roasted Butternut Squash</i> <i>Garlic Bread</i> <i>Applesauce cup</i>	2 <i>BBQ Chicken</i> <i>Macaroni & Veggie Salad</i> <i>Baked Beans</i> <i>Whole Wheat Roll</i> <i>Watermelon</i>
5 	6 <i>Hawaiian Style Chicken Thigh</i> <i>Egg Noodles in Garlic Butter</i> <i>w/ Veggies</i> <i>Ranch Cucumber Salad</i> <i>Apple Sauce</i>	7 <i>American Chop Suey</i> <i>Broccoli w/ Cheddar</i> <i>Garlic Bread</i> <i>Tropical Fruit</i>	8 <i>Pulled Pork</i> <i>Red Potato Salad</i> <i>Roasted Veggies</i> <i>Whole Wheat Roll</i> <i>Mandarin Oranges</i>	9 <i>Ham, Mushroom & Onion</i> <i>Quiche</i> <i>Tater Tots</i> <i>Dilled Carrots</i> <i>Fruit Cup</i>
12 <i>Spaghetti & Meatballs</i> <i>Broccoli & Cauliflower</i> <i>Garlic Bread</i> <i>Honeydew Melon</i>	13 <i>Shepherd's Pie</i> <i>Peas & Carrots</i> <i>Spinach</i> <i>Whole Wheat Bread</i> <i>Applesauce cup</i>	14 <i>Chicken & Stuffing w/ Gravy</i> <i>Garlic Mashed Potatoes</i> <i>Green Beans</i> <i>Whole Wheat Roll</i> <i>Pears</i>	15 <i>Mac & Cheese w/ Ham</i> <i>Stewed Tomatoes</i> <i>Three Bean Salad</i> <i>Rye Bread</i> <i>Tropical Fruit</i>	16 <i>Lemon Dill Baked Fish</i> <i>Spanish Rice w/ Veggies</i> <i>Grilled Asparagus</i> <i>Pineapple</i>
19 <i>Chef Salad w/ Ham, Turkey,</i> <i>Egg & Cheese</i> <i>Macaroni Salad w/ Veggies</i> <i>Pickled Cucumber Salad</i> <i>Whole Wheat Roll</i> <i>Peaches</i>	20 <i>Beef Stew w/ Biscuit</i> <i>Yellow Squash</i> <i>Green Beans w/ Onion</i> <i>Pineapple</i>	21 <i>Franks & Beans</i> <i>Cole Slaw</i> <i>Sweet Potato Fries</i> <i>Brown Bread</i> <i>Watermelon</i>	22 <i>Turkey Meatloaf</i> <i>Garlic Mashed Potato</i> <i>Zucchini w/ Bacon</i> <i>Whole Wheat Roll</i> <i>Tropical Fruit</i>	23 <i>Chicken & Broccoli Alfredo</i> <i>Mixed Vegetables</i> <i>Garlic Bread</i> <i>Applesauce cup</i>
26 <i>Swedish Meatballs over Egg</i> <i>Noodles</i> <i>Broccoli & Cauliflower</i> <i>Rye Bread</i> <i>Mandarin Oranges</i>	27 <i>Chicken Caesar Salad</i> <i>Three Bean Salad</i> <i>Macaroni Salad w/ Veggies</i> <i>Whole Wheat Roll</i> <i>Applesauce cup</i>	28 <i>Rosemary Pork w/ Stuffing</i> <i>Roasted Red Potatoes</i> <i>Parslied Carrots</i> <i>Whole Wheat Bread</i> <i>Pineapple</i>	29 <i>Sesame Chicken</i> <i>Rice w/ Oriental Veggies</i> <i>Asparagus</i> <i>Corn Bread</i> <i>Apple Sauce</i>	30 <i>Crab Cake</i> <i>Potato & Veggie Salad</i> <i>Cole Slaw</i> <i>Whole Wheat Roll</i> <i>Mandarin Oranges Cup</i>